

# TOP DOCTORS

# Baltimore

NOVEMBER 2025

PLUS: Who Wants To Be A Doctor Now?

SPECIAL  
MEDICAL  
ISSUE

*(Exclusive Survey)*

# 635

PHYSICIANS IN  
126 SPECIALTIES  
AS CHOSEN BY  
THEIR PEERS

SEE OUR LIST ON P. 93



INDIGENOUS  
PISCATAWAY  
TRIBE'S ROOTS  
IN MARYLAND

WINTER HOME  
Hilton Carter On His  
New Book, Handmade  
Furniture in Hunt Valley,  
DIY Greenhouses,  
and More.







# TOP *DOCTORS*

2025

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WITH Joyce Sampson  
AND Cecelia Layfield

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Christopher Myers

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Valero Doval

**EVERY YEAR IT IS OUR PRIVILEGE** to ask the region's physicians to put forward the peers they believe are stellar in their field. This year, 635 doctors have been recognized with this honor in 126 specialties, from addiction medicine to weight management and everything in between.

But this is not an easy time to be a medical professional. With vaccine deniers, federal funding cuts to medical research, high rates of workplace violence, burn out, and student debt, this once most respected of careers has become something of a battleground. In "The Weight of the White Coat," *Baltimore* contributor Dan Cook asks physicians the burning question: Why would anyone want to be a doctor now? Through interviews with young physicians fresh out of medical school and those more seasoned, the story explores medicine's challenges—and the ways it continues to be rewarding.

## How Do We Decide Who Is a Top Doctor?

**HOW DO WE GET OUR RESULTS?** We hold open nominations on our website where physicians nominate the peers they believe are preeminent in their fields. After nominations close, we number crunch to determine the physicians with the most nominations.

**WHY CAN'T PATIENTS NOMINATE A DOCTOR?** Our list is based on professional assessment of clinical skill, which we believe is best done by physician peers.

**WHO CAN BE ON THE LIST?** Any M.D. in good standing in the readership area.

**WHY DON'T I SEE A CERTAIN SPECIALTY LISTED?** Only specialties that have enough physicians nominated are included. If a particular specialty is not included one year, it is because there were insufficient or no nominees in that category.

**DOES ADVERTISING AFFECT THE LIST?** Absolutely not. In fact, the list is finalized prior to ad space being offered for sale.

**WHO OVERSEES THE LIST?** In addition to our editorial staff, winning doctors are fact-checked by staff to ensure they are licensed and in good standing, and our panel of physician advisors provides advice and oversight. (Advisors are not eligible to be included on the list in the year they serve.)

**DO DOCTORS ONLY PRACTICE AT THE LOCATION LISTED?** Not necessarily. Many doctors have multiple locations and privileges at different hospitals. We list a physician's primary appointment location. Unless otherwise noted, the primary location is Baltimore.

**IF MY DOCTOR ISN'T ON THE LIST, OR WAS ON IN THE PAST AND IS NOT THIS YEAR, ARE THEY NOT A GOOD DOCTOR?** Absolutely not! This list, which is limited by space, is a snapshot of the many amazing physicians in the region.

## Our ADVISORS



**Linda Greif Adler, M.D., F.H.M.,** is the chief of the division of hospital medicine at University of Maryland (UM) St. Joseph Medical Center and has served as past president of the UM St. Joseph medical staff. Dr. Adler earned her medical degree from The Johns Hopkins University School of Medicine in 2000 and subsequently completed her internship and residency at The Johns Hopkins Hospital. She is board-certified by the American Board of Internal Medicine and is a Fellow of the Society of Hospital Medicine.



**Melvin S. Blanchard, M.D., M.A.C.P.,** is the chairman of medicine at GBMC and adjunct professor of medicine at the University of Maryland. He was professor of medicine, vice chair for Medical Education in the Department of Medicine, and chief of General Medicine at Washington University in St. Louis. He was also chairman of the board for the Alliance for Academic Internal Medicine (AAIM). Dr. Blanchard earned his Doctor of Medicine degree from University of Tennessee Health Science Center and completed his residency in internal medicine at Barnes-Jewish Hospital/Washington University.



**Carole Fakhry, M.D., M.P.H.,** is a head and neck surgical oncologist at Johns Hopkins (JH). She received her medical degree from JH and a master's in public health from JH Bloomberg School of Public Health. She is a professor, serves as associate dean of clinical affairs for JH School of Medicine, chief of the division of Head and Neck Surgery in the Department of Otolaryngology Head and Neck Surgery, director of the Head and Neck Cancer Center, and director of the head and neck group in the Bloomberg-Kimmel Institute for Cancer Immunotherapy.



**Samuel Smith, M.D.,** is vice president physician advisor for LifeBridge Health, having recently retired as chief medical officer for Northwest Hospital. Prior to assuming that role, he served as the chief quality officer and chair of the Department of Gynecology for the hospital. Smith earned his medical degree from the University of Maryland School of Medicine, completed his residency at Georgetown University Medical Center, and completed his fellowship in reproductive endocrinology-infertility at Brigham and Women's Hospital, Harvard Medical School. Smith is board-certified in obstetrics and gynecology and reproductive endocrinology-infertility.



**Jennifer Taylor, M.D.,** earned her medical degree at State University of New York at Buffalo and completed her residency in OB-GYN at the University of Maryland School of Medicine. She now practices at Mercy Medical Center. Board-certified in obstetrics and gynecology, she has participated in several research initiatives and has numerous honors, publications, and presentations to her credit. She is a fellow of the American College of OB-GYN, and a member of the American Medical Association and the Douglass Obstetrics and Gynecology Society.



## ADULT SPECIALTIES

★ Indicates a physician has a joint appointment with Veterans Affairs (VA) Maryland Health Care System

Addiction Medicine/  
Substance Use Disorder

**DREW FULLER**  
BrightWell Health  
Glen Burnie  
844-387-7469

Alternative/  
Complementary

**JYOTHI RAO**  
Shakthi Health  
and Wellness Center  
301-703-5067

## Anesthesiology

**RICHARD BARNHART**  
Johns Hopkins  
Bayview Medical Center  
410-955-5608

**JOSHUA DISHON**  
MedStar Union  
Memorial Hospital  
410-554-6559

**JESSICA HOBBS**  
LifeBridge Health,  
Carroll Hospital  
Westminster  
410-848-3000

**OMOLARA KARUNWI**  
Ascension Saint  
Agnes Hospital  
667-234-6000

**KIRAN KUNA**  
LifeBridge Health,  
Carroll Hospital  
Westminster  
410-848-3000

**KARA SEGNA**  
Johns Hopkins Bayview  
Medical Center  
410-955-5000

## Cardiac Anesthesia

**NICHOLAS MANTEL**  
MedStar Union  
Memorial Hospital  
410-554-6559

**SAMHATI MONDAL**  
University of Maryland  
Medical Center  
410-328-6056



RODNEY TAYLOR

UNIVERSITY OF MARYLAND  
MEDICAL CENTER

OTOLARYNGOLOGY

**WHAT MADE YOU CHOOSE THIS SPECIALTY?** The vast array of both medical and surgical conditions that are cared for by otolaryngologists is what attracted me. In addition, I find appealing some of the key research areas we investigate in otolaryngology, particularly those relating to the cure for cancer. And as someone who values the sacredness of the patient-doctor relationship, I am gratified that otolaryngologists are able to have longitudinal relationships with their patients that last many years. Finally, as the majority of my patients are diagnosed with head and neck cancer, providing comfort and hope to patients with this condition is something that gives me deep fulfillment and satisfaction. **WHAT DO YOU ENJOY MOST ABOUT THIS WORK?** Curing patients of their cancer is very important to me, but I most enjoy patients returning to their full humanity, pursuing their passions and hobbies as well as enjoying friends and family. The stories that they share during their visits affirming their return to form absolutely fill me up and inspire me. **FINISH THIS SENTENCE: IF I WEREN'T A PHYSICIAN, I'D PROBABLY BE...** in the field of health care policy where my efforts could impact and improve patient's lives on a broader scale. I believe that health is foundational to our happiness and ensuring that as many as possible have access to and enjoy good health is my passion.



**CARMEN ELENA CERVANTES**

**JOHNS HOPKINS HOSPITAL**

**NEPHROLOGY**

**WHAT MADE YOU CHOOSE THIS SPECIALTY?** The intellectual curiosity and the fact that nephrologists [a doctor who specializes in kidney disease] get to specialize while still remaining proficient in internal medicine. Nephrology requires both deep expertise and broad medical knowledge. What's unique is that we work heavily both inpatient and outpatient, which allows us to establish real longitudinal relationships with our patients. **DO YOU HAVE A STORY THAT UNDERSCORES WHAT YOU LOVE ABOUT THIS JOB?** I took over the care of a patient with kidney stones. Her calcium levels were borderline high, initially attributed to one of her medications. Despite stopping the medication, her calcium levels remained borderline high, and her parathyroid hormone level was inappropriately normal, which suggested primary hyperparathyroidism. After coordinating with surgery for parathyroid adenoma removal, I saw her months later via video and she had a big "Thank You" message written on colored paper. She told me that symptoms like mild anxiety and restlessness had also resolved, and she didn't even know they were related to her calcium and stone problems. Seeing that transformation and knowing that careful attention to detail can make a difference in someone's life, that's what drives my passion for nephrology.

## Cardiology— Electrophysiology

**GLENN MEININGER**  
MedStar Union  
Memorial Hospital  
410-554-6727

**SUNJEET SIDHU**  
MedStar Union  
Memorial Hospital  
410-554-6727

## Cardiology— Interventional

**DANIEL AMBINDER**  
UM St. Joseph's  
Medical Center  
Towson  
410-427-2580

**DARPAN BANSAL**  
Baltimore Heart  
Associates  
410-367-0100

**CHARLES CUMMINGS**  
LifeBridge Health  
410-469-4000

**MATTHEW CZARNY**  
Johns Hopkins Hospital  
Odenton  
443-997-0270

**ANUJ GUPTA**  
University of Maryland  
Medical Center  
410-328-9098

**RANI HASAN**  
Johns Hopkins Hospital  
Lutherville  
443-997-0270

**ANTONY KALIYADAN**  
MedStar Union  
Memorial Hospital  
410-554-6550

**AMIR NAJAFI**  
Cardiovascular  
Associates of Maryland  
Bel Air  
410-638-9950

**MUKTA SRIVASTAVA\***  
University of Maryland  
Medical Center  
410-328-7877

**JOHN WANG**  
MedStar Union  
Memorial Hospital  
410-554-6550

**SYED SHUMILE ZAIDI**  
UM St. Joseph's  
Medical Center  
Towson  
410-427-2580

## Cardiology— Non-Interventional

**MOHAMMED ABUZAHA**  
LifeBridge Health



Pikesville  
410-521-5600

**BRIAN BARR**  
University of Maryland  
Medical Center  
410-328-7877

**GEORGE BITTAR**  
MedStar Franklin  
Square Medical Center  
410-574-1330

**CATHERINE CAMPBELL**  
Kaiser Permanente  
Halethorpe  
1-800-777-7904

**SRIVASAVI CHAGANTI**  
LifeBridge Health  
Pikesville  
410-521-5600

**JESSE DORAN**  
Ascension Saint Agnes  
Heart Care  
410-644-5111

**BENJAMIN DUBOIS**  
Woodholme  
Cardiovascular  
Associates  
Pikesville  
410-469-4000

**MARTIN ENGELHARDT**  
Woodholme  
Cardiovascular  
Associates  
Ellicott City  
410-469-4000

**RAKTIM GHOSH**  
MedStar Union  
Memorial Hospital  
410-366-5600

**CARLOS INCE**  
The Heart Center at  
Mercy Medical Center  
443-275-5000

**KERUNNE S.  
KETLOGETSWE**  
MedStar Harbor  
Hospital  
410-350-3200

**FREDERICK KUHN**  
The Heart Center at  
Mercy Medical Center  
Overlea  
410-663-6986

**JOSE MADRAZO**  
Johns Hopkins Hospital  
Columbia  
443-997-0270

**SUNAL MAKADIA**  
LifeBridge Health  
410-367-2590

**SALMAN MALIK**  
MedStar Health  
410-761-8007

**MANSOOR MOZAYAN**  
MedStar Franklin Square  
Medical Center  
4105741330

**MONICA MUKHERJEE**  
JHH/Bayview  
443-997-0270

**MANU MYSORE**  
University of Maryland  
Medical Center  
410-328-7877

**AMIR NAJAFI**  
Cardiovascular Associates  
of Maryland  
Bel Air  
410-638-9950

**JAIDEEP PATEL**  
GBMC Healthcare  
Towson  
443-849-8989

**MATTHEW PETERS**  
Clinical Associates  
Reisterstown  
Reisterstown  
410-494-1397

**JEREMY POLLOCK**  
UM St. Joseph's  
Medical Center  
Towson  
410-427-2580

**JAMES PORTERFIELD**  
Johns Hopkins Medicine  
443-997-0270

**GAUTAM RAMANI**  
University of Maryland  
Medical Center  
410-328-7877

**JASMIN SAHBAZ**  
Howard County General  
Hospital, Johns  
Hopkins Medicine  
Columbia  
443-997-0270

**EMIL THATTASSERY**  
Kaiser Permanente  
Halethorpe  
1-800-777-7904

### Cardiology— Preventative & Vascular Medicine

**ELIZABETH RATCHFORD**  
Johns Hopkins Hospital  
Lutherville  
443-997-0270

### Colo-Rectal

**IRINA BERNESCU**  
Ascension Saint  
Agnes Hospital  
443-574-8500

**REBECCA BROWN**  
University of Maryland  
Medical Center  
410-328-7904

**ALODIA GABRE-KIDAN**  
Johns Hopkins Hospital  
410-550-5900

### Cosmetic Surgery— Breast/Body Contouring

**EMILE BROWN**  
Aesthetic Center  
at Woodholme  
410-486-3400

**EMILY CLARKE-PEARSON**  
Charm City  
Plastic Surgery  
443-885-9644

**NASSIF SOUEID**  
Advanced Plastic Surgery  
Lutherville  
410-321-0808

**MAAKAN TAGHIZADEH**  
U Plastic Surgery  
+ Aesthetics  
Owings Mills  
410-205-6595

### Cosmetic Surgery— Facial

**THEDA KONTIS**  
Dr. Theda Kontis-  
Aesthetic Center  
at Woodholme  
410-486-3400

**JIGAR SITAPARA**  
Prime Facial  
Plastic Surgery  
Columbia  
301-302-7272

### Cosmetic Surgery— General

**NASSIF SOUEID**  
UM St. Joseph's  
Medical Center  
Towson  
410-321-0808

### Dermatology— General

**MEG GERSTENBLITH**  
Johns Hopkins Hospital  
Lutherville  
410-955-5933

**JAMIE GOLDBERG**  
Kaiser Permanente  
Halethorpe  
1-800-777-7904

**ZAINEB MAKHZOUMI**  
University of Maryland  
Faculty Physicians  
410-328-5823

**TOLA OYESANYA**  
Kaiser Permanente  
Timonium  
1-800-777-7904

**LINDA WANG**  
Wang Dermatology  
Lutherville  
443-288-1870

### Dermatology— Medical

**DIANE ORLINSKY**  
Simmons-O'Brien  
& Orlinsky  
Towson  
410-821-7546

### Emergency Medicine

**BRIAN CORWELL**  
University of Maryland  
Medical Center  
410-328-8025

**ANDREW FREI**  
UM Upper Chesapeake  
Health/US Acute  
Care Solutions  
Bel Air  
443-643-1000

**J. DAVID GATZ**  
University of Maryland  
Medical Center  
410- 328-8025

**HANIA HABEEB**  
MedStar Harbor  
Hospital  
410-554-2626

**CHAVA HOBBS**  
LifeBridge Health,  
Carroll Hospital  
Westminster  
410-848-3000

**SARAH SOMMERKAMP**  
University of Maryland  
Medical Center  
410-328-8025

**RYAN SPANGLER**  
University of Maryland  
Medical Center  
410- 328-8025

**MARK SUTHERLAND\***  
University of Maryland  
Medical Center  
410-328-8025

**DANIELLE WARREN**  
LifeBridge Health,  
Carroll Hospital  
Westminster  
410-871-3000

**R. GENTRY WILKERSON**  
University of Maryland  
Medical Center  
410-328-8025

### Endocrinology

**NELLY ARNOUK**  
MedStar Good  
Samaritan Hospital  
443-444-4193

**ISSAM CHEIKH**  
MedStar Union  
Memorial Hospital  
410-554-4511

**MALEK CHEIKH**  
MedStar Good  
Samaritan Hospital  
443-444-4193

**ELIZABETH LAMOS**  
University of Maryland  
Medical Center  
443-682-6800

**SARA LOEFFLER**  
LifeBridge Health  
Westminster  
410-751-2510

**RANA MALEK**  
University of Maryland  
Medical Center  
443-682-6800

**ROZALINA MCCOY**  
University of Maryland  
Medical Center  
443-682-6800

**NAWAR SULEMAN**  
MedStar Franklin  
Square Medical Center  
443-777-6351

**HILARY WHITLATCH**  
University of Maryland  
Medical Center  
443-682-6800

### Environmental/ Occupational Health

**ROMARIUS LONGMIRE**  
Mercy Medical Center  
410-332-9240

### Family Medicine

**AMY BERNARDINO**  
Luminis Health Primary  
Care Annapolis  
Annapolis  
443-481-1150

**KEVIN CARTER**  
GBMC Healthcare  
at Owings Mills  
Owings Mills  
410-581-7804

**KATHERINE  
JACOBSON**  
University of Maryland  
Faculty Physicians  
410-706-2500

**ALKESH PATEL**  
Family Health and  
Beauty Center  
Columbia  
410-997-9751

**LISE SATTERFIELD**  
Clinical Associates  
Towson

Towson  
410-769-6269

### Family Medicine, Hospitalist

**AMELITA WOODRUFF**  
Johns Hopkins Hospital  
410-955-5000

### Gastroenterology— General

**JOSHUA FORMAN**  
UM St. Joseph's  
Medical Center  
Towson  
410-296-4210

**ERIC GOLDBERG**  
University of Maryland  
Medical Center  
410-328-5780

**EKTA GUPTA**  
University of Maryland  
Medical Center  
410-225-8301

**NIRAJ JANI**  
GBMC Healthcare  
Towson  
443-849-3400

**EIAD NASSER**  
UM Upper Chesapeake  
Health/Harford  
Gastroenterology Assoc.  
Bel Air  
443-347-4700

**SANDRA QUEZADA**  
University of Maryland  
Medical Center  
410-328-2877

**ABHINAV SANKINENI**  
MedStar Franklin Square  
Medical Center  
443-782-7640

**ANUSHA VITTAL**  
MedStar Good  
Samaritan Hospital  
443-444-4372

**JORDAN WOLFF**  
Kaiser Permanente  
Halethorpe  
1-800-777-7904

### Gastroenterology— Liver Disease

**NEHA JAKHETE\***  
University of Maryland  
Medical Center  
410-328-5780

**TINSAY WORETA**  
Johns Hopkins Hospital  
410-933-7495

### Geriatrics

**GEORGE HENNAWI**  
MedStar Good

Samaritan Hospital  
443-444-4720

**DAVID HURWITZ**  
Johns Hopkins  
Bayview Medical Center  
410-550-0925

**ERNESTINE WRIGHT**  
Mercy Medical Center  
410-332-4291

### Gynecology—General

**ALYSSA HAMMER**  
Kaiser Permanente  
White Marsh  
1-800-777-7904

**OLAWUNMI KILO**  
Ascension Saint  
Agnes Hospital  
Columbia  
410-997-8444

**LATASHA MURPHY**  
Mercy Medical Center  
410-321-8452

**LAUREN RAMOS  
ALARCON**  
Kaiser Permanente  
Timonium  
1-800-777-7904

**JAMIE VANARTSDALEN**  
Kaiser Permanente  
Timonoum  
1-800-777-7904

### Gynecology— High-Risk Obstetrics

**JESSICA BIENSTOCK**  
Johns Hopkins Hospital  
410-502-3200

**MICHELLE GARNER**  
Kaiser Permanente  
Annapolis  
1-800-777-7904

**CECILIA HOPKINS**  
Kaiser Permanente  
Annapolis  
1-800-777-7904

**JACQUELYN PELHAM**  
Ascension Saint  
Agnes Hospital  
667-234-2523

**JEANNE SHEFFIELD**  
Johns Hopkins Hospital  
410-502-3200

**RAUDA  
AMANDA TELLAWI**  
Kaiser Permanente  
Towson  
1-800-777-7904

### Gynecology—OB/GYN

**SUZANNE ABDELAZIM**  
University of Maryland

Medical Center  
667-214-1300

**DOMINIQUE ALLEN**  
Capital Women's Care  
Towson  
410-938-8960

**TANGELA  
ANDERSON TULL**  
The Family Childbirth  
and Children's Center  
at Mercy  
410-663-6300

**ROCHELLE  
ARBUAH-ANING**  
The Family Childbirth  
and Children's Center  
at Mercy  
410-327-0687

**HOMAYARA AZIZ**  
Aziz ObGyn  
Columbia  
410-775-6430

**WAEI BITAR**  
MedStar Harbor Hospital  
410-354-0800

**JOYCE BONSU**  
Ascension Saint  
Agnes Hospital  
410-644-2582

**DIANE BOYKIN**  
Kaiser Permanente  
Glen Burnie  
1-800-777-7904

**YVES-RICHARD DOLE**  
The Family Childbirth  
and Children's Center  
at Mercy  
410-332-1092

**ADAKU EZEIKE**  
Ascension Saint  
Agnes Hospital  
Columbia  
410-997-8444

**JULIE HURVITZ**  
University of Maryland  
Medical Center  
667-214-1300

**TANYA KALMAR**  
Ascension Saint  
Agnes Hospital  
Columbia  
410-997-8444

**CYRUS LAWYER**  
The Family Childbirth  
and Children's Center  
at Mercy  
410-332-1092

**JESSICA LEE\***  
University of Maryland  
Faculty Physicians  
667-214-1300

**JULITA LETT**  
Kaiser Permanente

Annapolis  
1-800-777-7904

**GINNY MERRYMAN**  
Capital Women's Care  
Towson  
410-938-8960

**JANNA MUDD**  
The Family Childbirth  
and Children's Center  
at Mercy  
410-633-6300

**KERRI NARDONE**  
Kaiser Permanente  
Glen Burnie  
1-800-777-7904

**SARAH RIVERA**  
Capital Women's Care  
Westminster  
410-876-2003

**NAMRATA SINGHANIA**  
MedStar Franklin  
Square Medical Center  
410-650-2191

### Heart Failure

**KAVITA SHARMA**  
Johns Hopkins  
Hospital  
443-997-0270

### Heart Failure & Transplantation Cardiology

**ERIKA FELLER**  
MedStar Union  
Memorial Hospital  
Bel Air  
410-877-8088

**SANDEEP JANI**  
MedStar Union  
Memorial Hospital  
410-554-6550

**SAMER NAJJAR**  
MedStar Union  
Memorial Hospital  
410-554-6550

### Hematology

**MYO MIN**  
UM Upper  
Chesapeake Health  
Bel Air  
443-643-1000

### Hepatology

**NEHA JAKHETE**  
University of Maryland  
Medical Center  
410-328-5780

### Hospitalist Medicine

**ELIE CHEIKH**  
Kaiser Permanente

Towson  
1-800-777-7904

### Hospitalist, Internal Medicine

**MARIA-PEREZ  
AGIN MUOGHALU**  
MedStar Franklin  
Square Medical Center  
Rosedale  
443-777-8186

**KIRMANJ AHMED**  
MedStar Franklin  
Square Medical Center  
Rosedale  
443-777-8186

**MALAZ ALISSA**  
MedStar Good  
Samaritan Hospital  
443-444-8000

**MICHAEL  
AUGHENBAUGH**  
MedStar Franklin  
Square Medical Center  
443-777-8186

**MANISHA BAHL**  
UM Upper Chesapeake  
Health/Adfinitas Health  
Bel Air  
443-643-1500

**MARGIE  
BANZUELO-RIO**  
MedStar Good  
Samaritan Hospital  
443-444-4362

**DANIEL BASHARI**  
GBMC Healthcare  
Towson  
443-849-8046

**SAHITYA BHANDARI**  
MedStar Franklin Square  
Medical Center  
443-777-8186

**DANIEL BROTMAN**  
Johns Hopkins Hospital  
410-955-5000

**C. NICHOLAS CUNEO**  
Johns Hopkins Hospital  
410-955-5000

**PANKTI DESAI**  
MedStar Franklin S  
quare Medical Center  
443-777-7000

**PHILIP DITTMAR\***  
University of Maryland  
Medical Center  
667-214-1515

**KATELYN  
DONOHUE\***  
University of Maryland  
Medical Center  
410-328-6335

**JEREMY EPSTEIN**

Johns Hopkins Hospital  
410-955-5000

**ANGELITA ESTADILLA**

MedStar Franklin  
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443-777-8186

**SONAL GANDHI**

Johns Hopkins  
Bayview Medical Center  
410-550-0100

**PUNEET GHOTRA**

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Samaritan Hospital  
443-444-8000

**KAVNEET GILL**

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Square Medical Center  
443-777-7186

**JYOTSNA**

**GUMMADI**

MedStar Franklin  
Square Medical Center  
Rosedale  
443-777-8186

**CHRISTOPHER HAAS**

MedStar Franklin  
Square Medical Center  
Rosedale  
443-777-8186

**KARIM HAFEZ**

MedStar Good  
Samaritan Hospital  
443-444-8000

**SYED HISSAM**

**HAIDER**

MedStar Union  
Memorial Hospital  
410-554-2000

**BARAKELLE HAILE**

LifeBridge Health  
410-601-9000

**SYED RAMEEZ JAFRI**

MedStar Good  
Samaritan Hospital  
443-444-8000

**ADRIEN JANVIER**

MedStar Franklin  
Square Medical Center  
443-777-7000

**ASTHA JOSHI**

MedStar Union  
Memorial Hospital  
410-554-2000

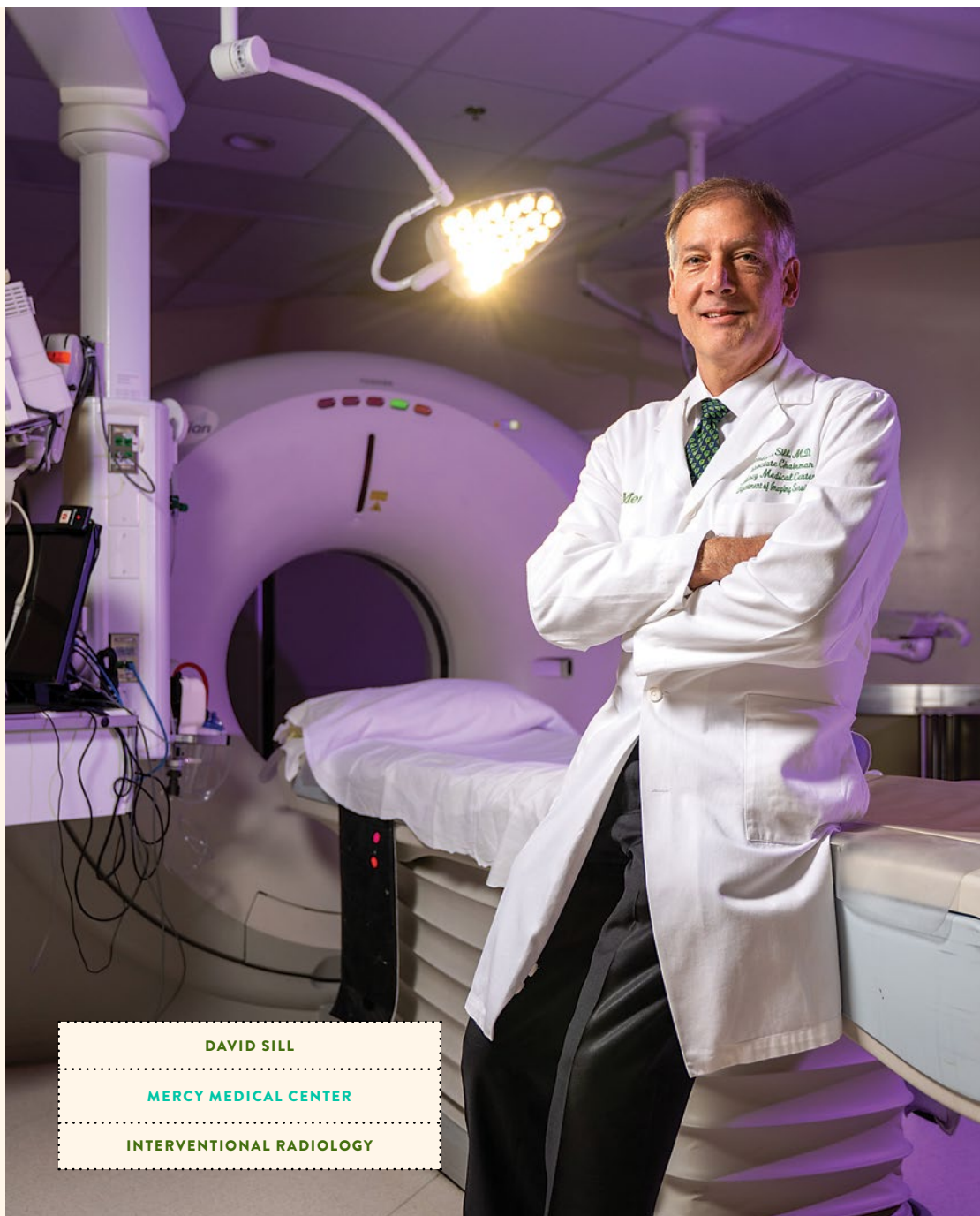
**WASEEM**

**KHALIQ**

Johns Hopkins  
Bayview Medical Center  
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DAVID SILL

MERCY MEDICAL CENTER

INTERVENTIONAL RADIOLOGY

**WHAT IS SOMETHING NON-PHYSICIANS MIGHT BE SURPRISED TO LEARN ABOUT INTERVENTIONAL RADIOLOGY (IR)?**

I suspect it would be that IR exists in medicine. We are a small field that is mostly hospital-based, so many patients don't know who we are. We do a wide variety of procedures throughout the human body that all have one thing in common: They can be done through a needle or a small catheter inserted through a tiny incision that can be closed with a Band-Aid. We do many types of biopsies, treatment of tumors using intense heat or cold delivered through needles, delivering chemotherapy through catheters directly into tumors, draining abscesses with small catheters, draining blockages in the biliary or urinary systems if they cannot be treated with conventional surgical procedures, and many other procedures. **HOW DO YOU UNWIND OUTSIDE OF THE OFFICE?** Gardening and working on cars. We're eating something from the garden almost year-round, between fresh harvests and careful storage of the harvest like winter squash that keeps well for many months in a cool dry place. There's always work to do in the garden. **FINISH THIS SENTENCE: IF I WEREN'T A PHYSICIAN, I'D PROBABLY BE...** Three years ago, my wife convinced me to take welding lessons. Welding really is a very interesting process that involves a lot of physics and chemistry and using your hands. When it's done well, it's almost artwork. Now, I'm always looking for something to weld. If I had taken welding lessons after high school or in college, I might not have gone to medical school.





**JI SU HONG**

**KENNEDY KRIEGER INSTITUTE**

**CHILD ADOLESCENT PSYCHIATRY**

**WHAT ARE SOME MAJOR FACTORS AFFECTING YOUTH MENTAL HEALTH TODAY?** There's a lot going on in kids' lives these days. Family stress, school pressure, social media, and even bigger issues like community violence or financial hardship can all take a toll. The pandemic added even more layers—like isolation and disrupted routines. **HOW CAN A PARENT OR GUARDIAN TELL WHEN IT'S TIME TO REACH OUT FOR HELP?** If a child's mood or behavior changes and it lasts for a few weeks, starts affecting their daily life, or causes stress at home or school, it's a good idea to talk to a specialist. Things like pulling away from friends, being unusually irritable or anxious, trouble sleeping, falling grades, or saying things that sound hopeless are all signs to watch for. **WHAT CAN WE ALL DO TO SUPPORT YOUTH MENTAL HEALTH?** It starts with creating spaces where kids feel safe to talk and be themselves. Listening without judgment, showing empathy, and encouraging open conversations are key. Schools, families, and communities can help by talking more about mental health and breaking down the stigma around asking for help. And we all have a role to play in making care more accessible and inclusive. **WHAT'S THE MOST REWARDING PART OF YOUR WORK?** Seeing a young person start to feel hopeful again is incredibly meaningful. Helping families reconnect and heal is just as powerful. Every time a child feels truly understood and supported, I'm reminded why I do this work.

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### Maternal-Fetal Medicine

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### Neurointerventional Surgery

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### Neuro—Oncology

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### Neurocritical Care

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### Neurology—Epilepsy

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**WHAT MADE YOU CHOOSE THIS SPECIALTY?** My journey into cardiac surgery began long before medical school, at my mother's side in the cardiac intensive care unit where she worked as a nurse. I was captivated by the idea that we could stop a human heart, repair it with precision, and bring it back to life. To this day, it feels like one of the great miracles of medicine. **WHAT DO YOU FIND MOST REWARDING IN THIS JOB?** The most rewarding part for me is the immediacy of our work; there's nothing abstract about saving a failing heart. You see the problem, you fix it, and you watch someone's future open before them. **WHAT IS SOMETHING NON-PHYSICIANS MIGHT BE SURPRISED TO LEARN ABOUT CARDIAC SURGERY?** Most people imagine a lone surgeon operating on a heart, but in the operating room alone there are at least seven highly trained individuals... all working in perfect coordination. **ANOTHER SURPRISING TRUTH:** To operate on the heart, we actually stop it. We use advanced technology to take over its life-sustaining work, giving us the opportunity to repair arteries or valves. Then, we restart it. What's even more surprising is that even though I held their heart in my hand less than 24 hours ago, most times patients are sitting in a chair the very next morning.





**ALICIA MORGAN-COOPER**

**MAIN STREET PEDIATRICS**

**GENERAL PEDIATRICS**

**WHAT MADE YOU CHOOSE THIS SPECIALTY?** I chose pediatrics because this is what I've always wanted to do. My parents tell the story that I came home from preschool one day and said that I wanted to be a "baby doctor," and that never changed. **WHAT'S THE MOST CHALLENGING PART OF YOUR WORK?** The most challenging aspect of working with children is having to give a parent bad news about their child's health. That really affects me in a profound way. It's something you never forget. Thankfully, in general pediatrics, it doesn't happen too often, but even one is too many. **WHAT IS MOST REWARDING?** Each day I can work with young people is the reward. Seeing not only the patients grow but seeing the parents and guardians grow as their caregivers is very rewarding. I do love telling the stories of a few of my patients who have endured illnesses such as severe seizures leading to coma and others who have had cancer. They have all survived and are thriving. I call them "my miracle babies." **WHAT ARE YOUR TOP THREE TIPS FOR PARENTS/GUARDIANS TO KEEP THEIR KIDS HEALTHY?** Give your child a healthy diet, encourage good sleep routines, and vaccinate to help prevent disease. **FINISH THIS SENTENCE: IF I WEREN'T A PEDIATRICIAN, I'D PROBABLY BE . . .** an engineer.

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# The Weight of

**IT'S FRIDAY MORNING IN LATE JULY** and Dr. Caroline Burley is bright and cheerful, buoyed by the Thai tea in her YETI thermos and the fast-approaching "Golden Weekend." That's intern-speak for two glorious days off in a row, a welcome and rare reprieve from the grind of the internal medicine residency program at Johns Hopkins Bayview Medical Center.

"I hope to get in some pool time and hang out with my friends," says Burley, as she leads the way into a small conference room on the Bayview campus. "I might get really crazy and finish a book I've been reading."

Free time is at a premium for Burley, but she has a sliver of it to chat before a lunch-and-learn didactic training on infectious diseases and a run of patient appointments scheduled to wrap up by late afternoon.

Is that realistic? "No," she laughs while thumbing through her iPhone's daily planner. "I'll probably head home around 6:00, if I'm lucky."

As a child growing up near Newark, New Jersey, Burley loved talking to older adults, soaking in their wisdom and the stories they told. Those experiences, along with her love of biology in high school and, having been raised Catholic, her belief in its tenet of living in service to others, sparked an interest in medicine.

But Burley doesn't come from a family of physicians and it's impossible to know what being a doctor is truly like until you walk a mile in their slip-resistant clogs. So before committing to medical school she signed up for a student program that allowed her to

shadow several practitioners in multiple specialties.

Burley was surprised by how many docs cautioned her to think twice about following in their footsteps. "They were happy with their careers," she says, "but made it clear that medicine is the wrong choice if you're doing it for money or prestige. You need to feel like it's the only thing you can ever imagine doing, a calling you can't ignore."

Practicing medicine these days is a veritable minefield. Anti-vaxxers have allowed measles to make a comeback. Major health insurers are prioritizing profits over patient care. Incidents of violence against health care workers are increasing, and rates of physician burnout and suicide are troubling.

The Association of American Medical Colleges (AAMC) reports that the number of medical school applicants has declined for the third consecutive year and predicts the U.S. will face a deficit of 86,000 physicians by 2036. The AAMC presents additional figures that suggest financial concerns create barriers to pursuing a career in medicine: The class of 2025's median four-year cost of attending medical school was \$286,454 for public schools and approaching \$400,000 for private schools. (Studies show it takes between six-10 years on average to pay off school.) Fifty-five percent of students who responded to a post-MCAT questionnaire in 2022 said the cost of applying to medical school discouraged them from applying.

Today's health care environment makes you wonder if medicine's calling is loud enough to be heard or if current and potential physicians are even listening.





# the White Coat

Today's physicians must overcome bureaucratic burdens, burnout risks, and a broken health care system to focus on why they entered the profession in the first place.

By Dan Cook

**THE MODEST OFFICE** at Mercy Medical Center in downtown Baltimore is filled with photos of a handsome young family and bric-a-brac-lined shelves. Its occupant arrives right on time for a morning meeting nattily dressed in a smart-fitting blue suit, complementary bow tie, and stylish glasses. Dr. Ashanti Woods is warm and gregarious, the qualities of a gifted pediatrician who understands the importance of making meaningful connections with the parents of his young patients.

Woods engages in small talk before reflecting on his journey from Baltimore City Public Schools, Howard University in Washington, D.C., a pediatric residency at the University of Maryland, and 15 years of practice at Mercy. Some of his first patients are now bringing their children in for wellness checks.

"I love kids. They're fun and goofy, and not too serious. That fits my personality perfectly," says Woods. "Medicine lets me serve, teach, and continually learn. Making my patients feel better or inspiring improvements in their overall well-being is what keeps me going."

That drive is being tested by the politicizing of vaccinating school age children against infectious diseases. A poll conducted in June by the Harvard T.H. Chan School of Public Health and the de Beaumont Foundation found that 79 percent of U.S. adults believe parents should be required to have their children vaccinated against preventable diseases like measles, mumps, and rubella to attend school.

The findings suggest that childhood vaccine requirements aren't as controversial as many people believe, even as notorious vaccine skeptic Robert F. Kennedy Jr. fans the flames of skepticism as secretary of the U.S. Department of Health and Human Services.

Most of the survey's respondents supported mandatory childhood vaccination, regardless of political affiliation: 90 percent of Democrats, 68 percent of Republicans, and 66 percent of MAGA supporters backed the practice. Party lines also did not impact the belief that vaccines for preventable childhood diseases are safe.

Woods says the recommended vaccines approved by the CDC (and reaffirmed in a meeting of the organization in September) for school-aged children aren't changing. At least not yet. He wonders if insurance companies—especially those that receive significant federal funding—will pay for vaccines that the CDC decides are optional.

That would leave pediatricians in a tough spot. "Do we absorb the cost of the vaccines and administer them to patients? How long could we afford to stock the doses?" says Woods. "The uncertainty creates anxiety."

Still, he remains hopeful. "Lawmakers in both parties are starting to slow down and reconsider the public health implications before making significant changes to vaccination policies," he says. "We'll see how it plays out."

A more clear and present challenge Woods deals with is that insurers are tightening the screws on reimbursement policies in relation to something called ICD-10 codes. Physicians must apply specific (oftentimes complicated) diagnostic or procedure codes to a patient's record to receive reimbursements from some





**“When insurers try to save money, it often comes at the patient's expense. That's why attitudes toward the health care system are difficult right now.”**

insurance companies for services provided. When improper codes are submitted, insurers deny the claims and refuse payment.

Mercy has a dedicated team to manage and resubmit denied claims, but smaller private practices often don't have the resources, like a dedicated person, to keep up with paperwork.

“Some insurance companies are counting on that,” says Woods. “They hope enough doctors won't notice they're gradually losing money on improperly coded claims. It might take months before a doctor realizes why their payments have dropped for the same level or amount of care they've always provided. It's a lot of red tape to navigate. Physicians need to jump through more hoops just to get the same or less pay.

“And when insurers try to save money, it often comes at the patient's expense. That's why attitudes toward the health care system are difficult right now.”

Patient frustration is mounting as inflationary pressures and the high cost of health care take bigger chunks out of household budgets. When Luigi Mangione gunned down the CEO of UnitedHealthcare, he was allegedly fueled by a deep hatred for the health insurance industry's corporate greed and mistrust of the U.S. health care system. His cult following and antihero status on social media suggest some Americans share his anger.

It's a scary time to work on hospital frontlines as potential targets of that pent-up rage. According to U.S. Bureau of Labor Statistics, current health care workers are five times more likely to experience workplace violence than professionals in other occupations. Consider, for example, a patient in 2022 in Tulsa, Oklahoma, who, after continuing to experience back pain after undergoing surgery to treat the issue, gunned down the orthopedic surgeon who performed the procedure. A study published last year in the *Journal of General Internal Medicine* reports that upwards of 64 percent of outpatient primary care clinicians experienced some form of verbal abuse.

Burley acknowledges the dangers she faces in her role and has undergone de-escalation training at Hopkins Bayview to mitigate the risks, but concerns about personal safety don't consume her thoughts. Instead, Burley tries to cut off frustrations before they can escalate. She discusses the cost of medication with patients who've had to cut back on daily essentials to afford the co-pays of needed therapies. Her willingness to find treatment options that fit the circumstances of individual patients defuses some of their angst.

“That brings the conversation into a holistic perspective,” says Burley. “What is the true benefit of prescribing medications for patients who struggle to pay for basic necessities? How else can we treat their conditions?”

The Trump Administration's cutting of federal funds earmarked for clinical research and the current political landscape has fueled a broader cultural mistrust of science and scientific experts, according to Burley, but she finds some positivity in the unintended consequences. Patients who buy into the anti-science rhetoric are more likely to research topics on their own—and discover data-driven truths for themselves along the way.

“Patients might not value the opinion of experts in the field and that is concerning,” she says. “But they're taking more ownership in their care. Perhaps that will encourage them to be more informed about their health.”

However, that dynamic cuts both ways and could contribute to health care's increasingly litigious landscape. Patients with unprecedented access to health care information about the care they receive might be more willing to question, rightly or wrongly, the decisions their doctors make and file malpractice lawsuits.

When Woods saw his first patient in 2007, TikTok and Instagram didn't exist, and YouTube wasn't what it is now. Parents couldn't drink from the digital firehose of medical information that's currently set to full blast.

Woods says many parents now arrive for appointments for a second opinion after consulting Dr. Google, who lists reasonable diagnoses alongside alarming outcomes. That sore throat? It could be strep, mono, or a peritonsillar abscess. It could also be throat cancer. Going down the rabbit hole of online medical information is a dangerous game for the uninformed.

“The diagnosis used to come from me,” says Woods. “Parents now have their own assumptions about what's wrong with their kids, and that causes undo anxiety.”

It's not that patients suddenly mistrust physicians, but they no longer see them as all-knowing demigods.

“Trust is now based more on quality relationships,” says Woods. “Physicians need to clearly explain the course of care, address the concerns patients have, and connect in a personal way. That level of commitment might mean patients won't question a diagnosis simply because it doesn't match something they saw online.”

Here's an example of how things could go awry: Woods might explain to a parent that cough medicine isn't recommended for children younger than six years old because the part of the brain that controls the cough reflex isn't fully developed and the risk of side effects includes drowsiness and dizziness.



Parents who don't heed his warning might administer additional doses in a pointless attempt to stop the coughing, increasing the risk of potentially dangerous side effects without relieving the symptoms. Physicians who don't protect themselves through detailed medical documentation open themselves up to getting sued for malpractice.

Every physician knows that if it's not documented, it's not done, and meticulous documentation is now more important than ever. But documentation takes a tremendous amount of time, as much as six hours a day for an ambulatory physician according to the American Medical Association (AMA). That's why, with permission, Woods uses an AI program that records the conversations he has with parents and automatically populates the transcripts into patient charts. It's efficient—and ensures he covers himself.

"Yes, we're thinking about the legal side of patient care all the time," he says. "That's the reality of the current climate. Thankfully, nothing serious has happened and we want to keep it that way."

**MEDICAL STUDENTS ARE DRIVEN** and meticulous perfectionists, important traits for succeeding in medicine. "They're also more likely to suffer anxiety and experience imposter syndrome that comes from constantly comparing themselves to others," says Dr. Nicol Tugarinov, who was named the 2024 Student of the Year at the University of Maryland School of Medicine (UMSOM). "Being surrounded by such high achievers makes those feelings nearly inevitable."

Persistent self-doubt in this setting can lead to devastating consequences. Medical students are three times likelier to die by suicide than their contemporaries in the general population, according to a 2019 study by the AMA.

Tugarinov, who is currently in the internal medicine residency program at Penn Medicine, is a self-described Type A personality and admits to fighting through bouts of anxiousness. She's always been intentional about finding ways to keep herself regulated when stress levels rise.

That self-awareness first drew her to UMSOM's Wellness Committee, a multi-departmental effort to champion student well-being. Tugarinov became a representative for her class during all four years of medical school and worked with other wellness reps, student affairs faculty, the student counseling center, and the leaders at the school's fitness center.

Those connections led Tugarinov to spearhead the launch of the Peer Support Network in August 2023. The program pairs med students with peers who are trained in active listening and suicide prevention, and who can provide support, camaraderie, and connections to professional and personal resources when needed. It's an incredibly valuable program, both for the students who receive support and those serving as mentors.

"Medical school can feel extremely isolating, especially in the third year," she says. "The first two years involve didactic

teaching, and you see classmates every day. But once clinical rotations begin, everyone is scattered across different teams and hospitals. It's easy to feel like you're working in your own silo. Sometimes you just need to talk to someone who understands what you're going through."

Depression, anxiety, and mental strain come with advanced education, but, "Med students are less likely to admit they need counseling but are actually the ones who would benefit from counseling services the most," says Tugarinov.

"Everyone who goes into medicine is a bit idealistic," she continues. "So much of our energy is focused on getting into medical school that it's easy to ignore the hard realities of the profession. But the challenges eventually become impossible to overlook. You start to see the difficulty of the work ahead and the toll it can take. I knew about burnout before medical school, but I didn't feel the weight of it until I experienced the pressures myself."

It's not just new physicians who feel this mental toll. In the most recent national burnout survey of more than 7,600 U.S. physicians published in the July issue of *Mayo Clinic Proceedings*, 45 percent reported at least one symptom of burnout: emotional exhaustion, detachment from work, depersonalization, and unfeeling toward patients.

That's down from an alarmingly high rate of 62 percent in 2021, but AMA President Dr. Bruce A. Scott believes burnout levels remain too high and calls for continued efforts to fight the root causes of the physician burnout crisis.

Notably, female physicians are 27 percent more likely than male physicians to suffer burnout, and internal medicine doctors are among the practitioners with the highest risk.

Burley checks both boxes. She says many physicians grow frustrated with the bureaucracy they face when trying to do what's best for their patients. Every form, insurance approval, or task that pulls them away from the practice of medicine contributes to the mental strain.



**"Med students are less likely to admit they need counseling but are actually the ones who would benefit from counseling services the most..."**





Medicine was always hard.  
Grueling training. Weekend shifts.  
Early mornings. Late nights.  
Prioritizing the care of patients  
over everything else. Personal  
sacrifice is part of the deal.  
So why do it?

"There's so much work required just to move care forward—dealing with insurance barriers or systemic issues in the health care system—that it can feel like you barely have time to be with patients," she adds.

Technology, especially AI, is already beginning to reshape medicine in ways that could ease some of the daily burdens that fuel burnout. AI tools like the one Woods uses could extract key information from clinical documents to generate accurate patient notes, saving physicians countless hours each week.

The same goes for other time-consuming tasks like prior authorizations, which currently require endless calls to insurance companies to secure approval for essential medications. Automating or streamlining those processes would allow doctors to spend less energy fighting administrative battles and more time focusing on why they got into the profession in the first place.

"Many physicians who suffer burnout talk about moral injury, the seemingly endless amounts of small tasks that take them away from practicing medicine," says Tugarinov. "Hopefully, technological advances will remove some of the administrative burden from physicians so they can focus more on patient care."

Medicine was always hard. Grueling training. Weekend shifts. Early mornings. Late nights. Prioritizing the care of patients over everything else. Personal sacrifice is part of the deal.

So why do it?

Woods considers the question, leans forward and recalls walking from Mercy to M&T Stadium the previous day to meet his friend for a Ravens preseason game. Outside the main gates, he ran into a young patient he'd seen in clinic hours before.

"He introduced me to his friends as 'my doctor,' and they all thought that was so cool," says Woods. "I love being able to encourage and influence kids. I'm still excited about caring for patients and being part of families across generations. It's truly amazing to have that kind of impact on people's lives."

A baby cries in a nearby exam room. Woods smiles and excuses himself. His next opportunity awaits.



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### Sleep Medicine

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University of Maryland Medical Center  
410-225-8301

**STEPHANIE WAPPEL**  
GBMC Healthcare  
Towson  
443-849-3901

**RAYA WEHBEH**  
GBMC Healthcare  
Towson  
443-849-3901

### Sports Medicine

**VALERIE COTHRAN**  
University of Maryland Faculty Physicians  
667-214-1800

**CLAUDIA DAL MOLIN**  
University of Maryland Medical Center  
Columbia  
410-448-6400

**MOHAMMED EMAM**  
Johns Hopkins Healthcare & Surgery Center  
Lutherville  
443-997-5476

**JASMINE TOOR**  
Mercy Orthopedics and Joint Replacement  
410-539-2227

### Surgery—Bariatric

**ALAIN ABDO**  
MedStar Franklin Square Medical Center  
Rosedale  
443-777-1158

**SHAUNA COSTINETT**  
GBMC Healthcare  
Towson  
443-849-3779

**ISAM HAMDALLAH**  
Ascension Saint Agnes Hospital  
667-234-8725

**CATRIONA SWIFT**  
Ascension Saint Agnes Hospital  
667-234-8725

### Surgery—Breast

**MAEN FARHA**  
Comprehensive Breast Center at Medstar  
443-444-3413

**KRISTEN FERNANDEZ**  
Ascension Saint Agnes Breast Center  
667-234-3434

**SARA FOGARTY**  
GBMC Healthcare  
Towson  
443-849-2600

**JENNIFER JOH**  
The Hoffberger Breast Center at Mercy  
410-332-9330

**NOELINE RAJARAJAN**  
Ascension Saint Agnes Breast Center  
667-234-3434

### Surgery—Cardiac

**BRIAN BETHEA**  
MedStar Union Memorial Hospital  
410-554-6550

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**RACHEL HARRISON**  
MedStar Union  
Memorial Hospital  
410-554-6550

**RAWN SALENGER**  
UM St. Joseph's  
Medical Center  
Towson  
410-337-1783

### Surgery—Chronic Venous Disease/ Varicose Veins

**MARGARET ARNOLD**  
MedStar Health  
443-777-1900

### Surgery—Colo-Rectal

**JESSICA FELTON**  
LifeBridge Health  
410-601-0601

### Surgery—Dermatologic

**SAIF SYED**  
SCS Physicians  
Lutherville  
410-252-9090

### Surgery—Emergency

**MARCIE FEINMAN**  
LifeBridge Health  
410-601-5544

### Surgery—General

**ALOK GUPTA**  
Ascension Saint  
Agnes Hospital  
410-766-1444

**STEVEN JOHNSON**  
MedStar Good  
Samaritan Hospital  
443-444-5930

**JAY MITTAL**  
Carroll Health Group  
Westminster  
410-848-1818

**SHIRALI PATEL**  
Ascension Saint  
Agnes Hospital  
443-574-8500

**ATENA ROSAK**  
UM St. Joseph's  
Medical Center  
Towson  
410-427-5430

### Surgery— Minimally Invasive

**STEPHEN KAVIC\***  
University of Maryland  
Medical Center  
410-328-7320

### Surgery—Plastic & Reconstructive

**SALIH COLAKOGLU**  
Johns Hopkins Hospital  
443-997-9466

### Surgery—Podiatric

**MICHAEL GERRITY**  
Kaiser Permanente  
Halethorpe  
1-800-777-7904

### Surgery— Reconstructive

**REX HUNG**  
MedStar Good  
Samaritan Hospital  
443-777-7631

### Surgery—Spine

**OREN BLAM**  
Orthopaedic Associates  
of Central Maryland  
Catonsville  
410-644-1880

**DANIEL CAVANAUGH\***  
University of Maryland  
Medical Center  
410-448-6400

**CHARLES EDWARDS II**  
Maryland Spine Center  
410-539-3434

**DAVID FALK**  
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410-539-3434

**AMIT JAIN**  
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**JULIO JAUREGUI**  
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**STEVEN LUDWIG**  
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Medical Center  
410-448-6400

**BRADLEY MOATZ**  
MedStar Union  
Memorial Hospital  
410-554-2867

**ZAN NASEER**  
MedStar Health  
Perry Hall  
410-554-2861

**JUSTIN PARK**  
Maryland Spine Center  
410-539-3434

### Surgery—Thoracic

**CHRISTINE LAU**  
University of Maryland  
Medical Center  
410-328-6366

**DUANE MONTEITH**  
MedStar Franklin  
Square Medical Center  
443-777-1133

### Surgery—Vascular

**RICHARD BAFFORD**  
Vascular Surgery  
Associates  
855-648-9982

**ANDRE BIUCKIANS**  
UM St. Joseph's  
Medical Center  
Towson  
410-427-2345

**CARTER FREIBURG**  
Vascular Surgery  
Associates  
Towson  
443-289-9277

**MARK GONZE**  
Maryland Vascular  
Specialists  
Bel Air  
410-420-4355

**PAUL LUCAS**  
Mercy Vascular Center  
410-332-9404

**KHANJAN NAGARSHETH**  
University of Maryland  
Medical Center  
732-757-7618

**VINCENT NOORI**  
Mercy Vascular Center  
410-332-9404

**ALAIN TANBE**  
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410-332-9404

**KRISTIAN ULLOA**  
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855-648-9982

### Trauma

**YVONNE CHUNG**  
University of Maryland  
Medical Center  
410-328-6110

**JACLYN CLARK**  
University of Maryland  
Medical Center  
410-328-6110

**RICHARD WITTMAYER**  
University of Maryland  
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410-328-6110

### Urogynecology

**MADELINE DICK-BIASCOECHEA**  
University of Maryland  
Medical Center  
410-328-5570

### Urology

**MARISA M. CLIFTON**  
Johns Hopkins Hospital  
410-550-6362

**BENJAMIN COHEN**  
Chesapeake Urology  
Towson  
410-825-5454

**DAMON DAVIS**  
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410-332-9654

**NWAMAKA FADAHUNSI**  
Kaiser Permanente  
Halethorpe  
1-800-777-7904

**DAVID GOLDSTEIN**  
Chesapeake Urology  
Towson  
410-825-5454

**ANDREW HARBIN**  
Chesapeake Urology  
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410-876-1633

**ALAN KUSAKABE**  
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**BRIAN NEUMAN**  
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**SUNIL PATEL**  
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**MARC SIEGELBAUM**  
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Towson  
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**NIRMISH SINGLA**  
Johns Hopkins Hospital  
410-502-3692

**ROBERT THOMPSON**  
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410-332-9654

### Weight Management

**MARCI LAUDENSLAGER**  
Johns Hopkins Health  
Care & Surgery Center,  
Greenspring Station  
Lutherville  
410-616-7420

### PEDIATRIC SPECIALTIES

### Adolescent Medicine

**MATTHEW GRANT**  
University of Maryland  
Medical Center  
410-328-8336

### Anesthesiology

**JENNIFER LEE-SUMMERS**  
Johns Hopkins  
Children's Center  
410-955-5000

### Neonatal—Perinatal

**MARIA PANE**  
GBMC Healthcare  
Towson  
443-849-2780

### Neonatology

**EUNSUNG CHO**  
University of Maryland  
Children's Hospital  
410-328-6794

**BERNADETTE CROWDER**  
Mt. Washington  
Pediatric Hospital  
410-578-8600

**NATALIE DAVIS**  
University of Maryland  
Children's Hospital  
410-328-6794

**FRANCESCA OKOLIE**  
University of Maryland  
Medical Center  
410-328-6794

**ERIN SCHOFIELD**  
University of Maryland

Children's Hospital  
410-328-6794

### Pediatric Behavior & Development

**AJOKE  
AJAYI-AKINTADE**  
Mt. Washington  
Pediatric Hospital  
410-578-8600

### Pediatric Cardiology

**PETER  
GASKIN**  
University of Maryland  
Children's Hospital  
410-328-4348

**PRIYA NIGAM**  
University of Maryland  
Children's Hospital  
410-328-4348

**NICHOLAS  
PIETRIS**  
University of Maryland  
Children's Hospital  
410-328-4348

### Pediatric Critical Care

**ESTER ANA LIA  
GRACIANO**  
University of Maryland  
Children's Hospital  
410-328-6957

**ADRIAN  
HOLLOWAY**  
University of Maryland  
Medical Center  
410-328-6957

### Pediatric Emergency Medicine

**VANESSA JEFFRIES**  
Ascension Saint  
Agnes Hospital  
667-234-2011

**JENNIFER  
LAMMERS**  
University of Maryland  
Medical Center  
410-328-6335

### Pediatric Endocrinology

**PAULA NEWTON**  
University of Maryland  
Children's Hospital  
410-328-5887

### Pediatric ENT

**AMAL ISAIAH**  
University of Maryland  
Children's Hospital  
410-328-6866

### Pediatric Gastroenterology

**RUNA WATKINS**  
University of Maryland  
Children's Hospital  
410-328-6950

### Pediatrics General

**CHRISTINA BROWN**  
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Nottingham  
800-777-7904

**REBECCA CARTER**  
University of Maryland  
Children's Hospital  
410-856-2850

**TEKEEMA DIXON**  
Kaiser Permanente  
Halethorpe  
800-777-7904

**JASON GOLDSTEIN**  
Pavilion Pediatrics  
Timonium  
410-583-2955

**MICHELE  
JULES-CHAPMAN**  
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410-500-5500

**DAWAN KING**  
Mercy Family  
Care Physicians  
410-500-5500

**ALICIA  
MORGAN-COOPER**  
Main Street Pediatrics  
Towson  
410-494-1369

**THERESA NGUYEN**  
GBMC Healthcare  
Pediatric Group  
Towson  
443-849-4000

**MUTIAT  
ONIGBANJO**  
University of Maryland  
Children's Hospital  
410-856-2850

**DIPANWITA  
SAHA**  
Kaiser Permanente  
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**AMY  
WINKELSTEIN**  
Maryland Pediatric Group  
Lutherville  
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**ASHANTI WOODS**  
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Physicians  
410-500-5500

### Pediatric Hematology/Oncology

**REGINA  
MACATANGAY**  
University of Maryland  
Children's Hospital  
410-328-2808

**AZIZA SHAD**  
LifeBridge Health,  
Sinai Hospital  
410-601-5864

**YORAM UNGURU**  
LifeBridge Health, Sinai  
Hospital  
410-601-6704

### Pediatric Hospitalist Medicine

**NIDHI GOEL**  
University of Maryland  
Medical Center  
410-328-5887

**CYNTHIA ROLDAN**  
LifeBridge Health, Carroll  
Hospital  
Westminster  
410-601-5217

**KRISTA  
TOOKHAN**  
UM Baltimore  
Washington  
Medical Group  
Glen Burnie  
410-553-8540

### Pediatric Infectious Diseases

**JAMES CAMPBELL**  
University of Maryland  
Children's Hospital  
410-706-8695

### Pediatric Nephrology

**MEREDITH ATKINSON**  
Johns Hopkins  
Children's Center  
410-955-4427

**JEFFREY  
FADROWSKI**  
Johns Hopkins  
Children's Center  
410-955-4427

**STEPHEN  
THOMPSON**  
University of Maryland  
Children's Hospital  
410-706-6091

### Pediatric Neurosurgery

**MARI GROVES**  
Johns Hopkins Hospital  
410-955-7337

**WHITNEY  
PARKER**  
University of Maryland  
Children's Hospital  
410-328-6034

### Pediatric Oncology

**STACY COOPER**  
Johns Hopkins  
Children's Center  
410-955-8751

### Pediatric Ophthalmology

**LAN CHANG**  
Kaiser Permanente  
800-777-7904

### Pediatric Orthopedics

**R. JAY LEE**  
Johns Hopkins  
Children's Center  
443-997-2663

### Pediatric Otolaryngology—Head & Neck Surgery

**EMILY BOSS**  
Johns Hopkins  
Children's Center  
Lutherville  
443- 997-6467

### Pediatric Psychiatry

**JI SU HONG**  
Kennedy Krieger Institute  
443-923-7630

**LESLIE MILLER**  
Johns Hopkins Bayview  
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410-550-0104

**GULAFSHEEN  
QUADRI**  
Villa Maria Behavioral  
Health, Catholic Charities  
Abingdon  
667-600-3220

**ARMAN  
TAGHIZADEH**  
Valley Integrative Psych  
410-616-0591

### Pediatric Rheumatology

**JULIA SHALEN**  
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Children's Center  
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### Pediatric Sports Medicine

**TERRI  
MCCAMBRIDGE**  
Towson Orthopaedic  
Associates  
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### Pediatric Surgery

**SAMUEL ALAISH**  
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443-997-5437

**HELENA CROWLEY**  
University of Maryland  
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410 328 5730

**KIMBERLY LUMPKINS**  
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Children's Hospital  
410-328-5730

**ISAM NASR**  
Johns Hopkins  
Children's Center  
410-955-5210

**ERIC STRAUCH**  
University of Maryland  
Children's Hospital  
410-328-5730

### Pediatric Urology

**HEATHER  
DI CARLO**  
Johns Hopkins  
Children's Center  
443-287-5078

**CHARLOTTE WU**  
Johns Hopkins  
Children's Center  
410-955-3534

### Pediatric Intensivist

**ALISON MILES**  
Mt. Washington  
Pediatric Hospital  
410-578-8600