Diabetes: Type 1, Type 2 and Gestational

Diabetes is a condition that causes high blood sugar levels, which can result in serious health issues.

There are three types of diabetes: Type 1, Type 2 and gestational. All three types of diabetes occur when the pancreas does not produce enough insulin or the cells reject insulin. Insulin moves blood sugar, or glucose, from the blood stream into the body's cells where the glucose is stored for energy.

Type 1 Diabetes: Usually diagnosed under the age of 30

- Occurs when the pancreas does not produce enough insulin
- Causes high blood sugar levels
- Can be diagnosed using a blood test
- Has no cure, but typically can be managed by keeping blood sugar levels as close to normal as possible

Type 2 Diabetes: Often referred to as adult onset diabetes, but has also been diagnosed in children as young as 10 years old

- Occurs when the cells reject insulin, known as insulin resistance
- Causes high blood sugar levels
- Can be diagnosed using a blood test
- Has no cure, but typically can be managed by keeping blood sugar levels as close to normal as possible

Gestational Diabetes: Can occur during pregnancy

- Occurs specifically during pregnancy
- Is not experienced by all pregnant women
- Causes high blood sugar levels
- Can be found during tests conducted as part of regular prenatal care

Business Health Services - Downtown Baltimore

Baltimore City Clinic and Public Safety Infirmary (PSI)

323 N. Calvert Street
Baltimore, MD 21202

Phone: 410-332-9240
(Main)

410-332-9773
(City Clinic)

410-332-9770
(Public Safety Infirmary)

Fax: 410-332-0614

Business Health Services - Lutherville

1766 York Road
Lutherville, MD 21093

Phone: 443-275-5090

Fax: 410-385-9390

Mercy
MEDICAL CENTER