

PACEMAKER IMPLANT INFORMATION

Recommended pacemaker followup

4-6 weeks: Pacemaker interrogation in our office

Routine follow-up 2 times a year unless otherwise directed (an AICD or defibrillator usually requires followup every 3-4 months).

Discharge Instructions:

- > Do NOT raise your arm on the side of your pacemaker higher than your shoulder during the first 2 weeks following your pacemaker implant.
- > Notify physician (410-332-9752)
 - > If you have shortness of breath, dizziness, or any symptoms similar to those experienced prior to the implant of your pacemaker.
 - > If your pacemaker incision site becomes red, warm, develops increased swelling, or drainage, or if you develop a temperature greater than 100.5 degrees.
- > You may have one of 2 different types of wound closure. If you have steri-strips, do not get them wet for 3 days, allow them to come off naturally=do NOT pull or tug them off. If they do not come off by themselves, they may be removed 2 weeks after the device was inserted. If you have Dermabond, you may get the wound wet the day following the procedure. The site can get wet but do not scrub the area – do not apply any oil based products to the area for the first 2 weeks. The Dermabond will come off on its own – you do not need to remove it. If you have any questions regarding wound care please call us at 410-332-9752.
- > MRI's may be obtained under limited conditions. Please contact our office (410-332-9752) if you have a clinical indication for a MRI.
- > When using a cellular phone please use on the side opposite from your pacemaker.
- > Microwave ovens do NOT have an impact on your pacemaker.

- > Always carry your pacemaker identification card. You should receive a permanent card in 2-4 weeks. If you do not receive this card after this time period please contact your cardiologist in our office.
- It is recommended that you obtain a medical alert bracelet to identify the type, manufacturer, and serial number of your pacemaker.
- For questions regarding your scheduled appointment please call 410-332-9752.

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