

PLEASE READ ALL INSTRUCTIONS IN THEIR ENTIRETY IMMEDIATELY. PLEASE ASK IF YOU HAVE ANY QUESTIONS. ALL PREP RELATED QUESTIONS SHOULD BE PHONED INTO 410-332-9356 DURING OFFICE HOURS (8AM-4PM).

The after hours, on-call physicians should be used for medical emergencies only.

LIVER BIOPSY PREP

PLEASE READ

DATE:	ARRIVAL TIME:	PHYSICIAN:
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<p>Mercy Medical Center</p> <p>Bunting Endoscopy 345 St. Paul Place Baltimore, MD 21202 <i>Take the Bunting elevator down to the 2nd floor.</i></p>	<p>Maryland Endoscopy Center (MEC)</p> <p>100 West Road Suite 115 Towson, MD 21204</p>	<p>Endoscopy Center of North Baltimore (ECNB)</p> <p>1220-C East Joppa Road Suite 508 Towson, MD 21286</p>	<p>Lutherville Endoscopy Center (LEC)</p> <p>1300 Bellona Ave Suite A Lutherville, MD 21093</p>	<p>Anne Arundel Digestive Center</p> <p>8028 Ritchie Hwy #142 Pasadena, MD 21122</p>	<p>Baltimore Washington Hospital</p> <p>301 Hospital Drive Glen Burnie, MD 21061</p>
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If you are taking a blood thinner such as warfarin (Coumadin), clopidogrel (Plavix), rivaroxaben (Xeralto), prasugrel (Effient), dabigatran (Pradaxa), dipyridamole (Persantine), ticlodipine (Ticlid), or any other blood thinner, you must be seen in the office before your procedure and you must consult with the physician who prescribes the medication for you before stopping it. Stopping the blood thinners could have serious consequences such as heart attack or stroke. Your procedure can still be performed while you are taking blood thinners. However, it may not be possible to remove growth such as polyp and it may not be possible to do a biopsy. Therefore, it is sometimes preferable to postpone your procedure until it is safe to temporarily stop these medications.

You must NOT stop aspirin unless specifically told to do so by your physician. You could receive a phone call from the facility where your test is to be done telling you to stop your aspirin. Do not do that unless specifically told to do it by your physician.

Please call your GI physician or your primary physician or your cardiologist if you have any questions. There are also alternative ways to screen for colon cancer in this situation and you should feel free to ask about them.

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PLEASE ARRIVE ON TIME. CONTACT YOUR INSURANCE COMPANY PRIOR TO YOUR PROCEDURE TO DETERMINE IF A SECOND OPINION IS NECESSARY OR IF PRE-CERTIFICATION WILL BE REQUIRED.

NO FOOD RESTRICTIONS

PREPARATION:

1. **You will be receiving local anesthesia (similar to that used by a dentist).** You MUST have a companion (family/friend) to take you home. You are not allowed to drive or leave alone. Your ride must pick you up in the Endoscopy center. YOUR PROCEDURE WILL BE CANCELLED IF YOUR RIDE CANNOT BE CONFIRMED.
2. You may take your medications as described below.
3. **MEDICATIONS:**

DO NOT TAKE ASPRIN OR ASPRIN PRODUCTS (such as Alka-Seltzer, Ibuprofen, Nuprin, Naprosyn, Relafen, Excedrin, Advil, Aleve, or Motrin) for 5 days before the procedure. For any discomfort before the procedure you may take Tylenol.

If you are taking medicine for high blood pressure, seizures or if you are taking prednisone, you may take these medicines the morning of the procedure or AT LEAST TWO HOURS BEFORE THE PROCEDURE.

DO NOT TAKE any water/fluid pill until after the procedure.

If you are diabetic, and you take a “sugar pill” or regular insulin, DO NOT TAKE IT ON THE DAY OF YOUR PROCEDURE. If you take long acting insulin (NPH), you should take half of your prescribed does on the morning of your procedure.

THIS PROCEDURE REQUIRES A 3 HOUR RECOVERY, PLEASE PLAN ACCORDINGLY.

You may call **410-332-9356** with any questions you may have.