

PLEASE READ ALL INSTRUCTIONS IN THEIR ENTIRETY IMMEDIATELY. PLEASE ASK IF YOU HAVE ANY QUESTIONS. ALL PREP RELATED QUESTIONS SHOULD BE PHONED INTO 410-332-9356 DURING OFFICE HOURS (8AM-4PM).

**The after hours, on-call physicians should be used for medical emergencies only.**

# UPPER ENDOSCOPY PREP (EGD Bravo)

## PLEASE READ

DATE:	ARRIVAL TIME:	PHYSICIAN:
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<p><b>Mercy Medical Center</b></p> <p>Bunting Endoscopy 345 St. Paul Place Baltimore, MD 21202 <i>Take the Bunting elevator down to the 2<sup>nd</sup> floor.</i></p>	<p><b>Maryland Endoscopy Center (MEC)</b></p> <p>100 West Road Suite 115 Towson, MD 21204</p>	<p><b>Endoscopy Center of North Baltimore (ECNB)</b></p> <p>1220-C East Joppa Road Suite 508 Towson, MD 21286</p>	<p><b>Lutherville Endoscopy Center (LEC)</b></p> <p>1300 Bellona Ave Suite A Lutherville, MD 21093</p>	<p><b>Anne Arundel Digestive Center</b></p> <p>8028 Ritchie Hwy #142 Pasadena, MD 21122</p>	<p><b>Baltimore Washington Hospital</b></p> <p>301 Hospital Drive Glen Burnie, MD 21061</p>
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**If you are taking a blood thinner such as warfarin (Coumadin), clopidogrel (Plavix), rivaroxaben (Xeralto), prasugrel (Effient), dabigatran (Pradaxa), dipyridamole (Persantine), ticlodipine (Ticlid), or any other blood thinner, you must be seen in the office before your procedure and you must consult with the physician who prescribes the medication for you before stopping it.** Stopping the blood thinners could have serious consequences such as heart attack or stroke. Your procedure can still be performed while you are taking blood thinners. However, it may not be possible to remove growth such as polyp and it may not be possible to do a biopsy. Therefore, it is sometimes preferable to postpone your procedure until it is safe to temporarily stop these medications.

**You must NOT stop aspirin unless specifically told to do so by your physician.** You could receive a phone call from the facility where your test is to be done telling you to stop your aspirin. Do not do that unless specifically told to do it by your physician.

Please call your GI physician or your primary physician or your cardiologist if you have any questions. There are also alternative ways to screen for colon cancer in this situation and you should feel free to ask about them.

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PLEASE ARRIVE ON TIME. CONTACT YOUR INSURANCE COMPANY PRIOR TO YOUR PROCEDURE TO DETERMINE IF A SECOND OPINION IS NECESSARY OR IF PRE-CERTIFICATION WILL BE REQUIRED.

**PREPARATION:**

NOTHING TO EAT OR DRINK AFTER MIDNIGHT, THE EVENING PRIOR TO THE TEST. YOU MUST HAVE SOMEONE WITH YOU TO TAKE YOU HOME FOLLOWING THE PROCEDURE. PLEASE TAKE YOUR HEART MEDICATION AND BLOOD PRESSURE MEDICATION WITH A SMALL SIP OF WATER THE MORNING OF YOUR PROCEDURE.

PLEASE STOP ALL IRON PRODUCTS FIVE (5) DAYS PRIOR TO YOUR PROCEDURE. STOP NEXIUM 5 DAYS PRIOR TO AVOID A FALSE READING.

WOMEN UNDER AGE 60 WHO HAVE NOT UNDERGONE A HYSERECTOMY WILL BE REQUIRED TO PROVIDE A URINE SPECIMEN THE DAY OF THE PROCEDURE.

NO DIABETIC MEDICATION UNTIL AFTER PROCEDURE.

You may call **410-332-9356** with any questions you may have.